

Book Release - By Swami Shuddhabodhananda Saraswati

Anubhuti-Prakasha by Sri Vidyananda Muni is an interpretative poetic exposition of 12 Upanishads in 20 chapters. The Upanishads taught are : Aitareya, Taittiriya, Chandogya, Mundaka, Prashna, Kaushitaki, Maitrayani, Katha, Shvetashvatara, Brihadaranyaka, Kena and Nrisimhottara-tapaniya. The total verses are about 2800. Actually the first seven chapters are called Chaturveda Vidyaprakasha and the rest constitute the Anubhuti-Prakasha. And yet the entire text is known nowadays as Anubhuti-Prakasha.

It is an invaluable Vedantic text, especially to those serious mumukshus who cannot undertake the study of Upanishads with Shankara Bhashya. Having seen such a text neglected in the Vedantic circles, Swami Shuddhabodhanandaji first undertook the teaching of all 20 chapters. Then to make its teaching available to larger number of mumukshus he undertook the writing of an exhaustive commentary on it. It also gives the meaning of words in the verses with their translation. Contextually, many allied topics of Vedantic importance are also discussed thoroughly in the commentary with the scriptural authenticity without giving any room for hearsay. A summary of each chapter is given before it starts. Every chapter is independent and complete in its subject matter. It is almost a mini encyclopaedia of Vedanta.

This book is published by Sri Visweswar Trust, Mumbai (India). Taking into consideration its importance and to make it available to all, the publishers have uploaded the book in e-book form on their website www.turiyabodha.com with free download in PDF format.

On 7th of April, 2024 this book was released by Sri G. D. Nadkarni (93), an elderly student of Sri Swamiji. Before that, Sri Swamiji released its e-book. During the function, Sri Swamiji's students such as Sri Pranava Joshi, a Vedanta Acharya, Prof. Lopa Mehta (Retd. Head of Anatomy Dept. G. S. Medical College, Mumbai) and Sri Sudhakara Shanbhag a Vedanta Acharya (who teaches Vedanta in Samskrit also) spoke in detail on the salient features of the book.

The book runs into about 2250 A/4 size pages in four volumes. Only a few (sale) copies are available with the publishers. (contact : info@turiyabodha.com) and at Pujya Swami Dayananda Ashram, Rishikesh.

- Report by Sudhakara Shanbhag

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