

## Three month Vedanta Course in Tamil

A three-month Vedanta Course in Tamil was conducted at Arsha Vidya Gurukulam, Anaikatti, Coimbatore from 27<sup>th</sup> July to 27<sup>th</sup> October 2024 by Swami Jagadatmananda Saraswati. The course commenced with the Aunugraha-bhashanam of Swami Sadatmananda Saraswati, Chief Acharya, Arsha Vidya Gurukulam, Anaikatti.

18 students participated in this course including one from Malaysia. The focus was on bringing the vision of Srimad Bhagavad Gita with word by word meaning as explained by Pujya Swamiji in his Home Study Course.

The contents of the course covered all the chapters of Bhagavad Gita, Atmabodha, Selected verses from Sivavakyar Padalgal, a Tamil text and Chanting. The fundamentals of Sanskrit at the beginner's level were also taught. The first session was meditation, and the day concluded with Satsang. Chanting of Sri Lalita Sahasranama and the 15<sup>th</sup> Chapter of Gita were practiced and memorized during the chanting class. Br.Kumar ji guided the students with special classes for Sanskrit.

The participants of the course enjoyed the two tour programs in which they visited the Sri Masani Amman Temple, Anaimalai and Sri Lalitambika temple, Periya Thadagam. Swami Tadevananda Saraswati ji of Arsha Vidya Pitham, Anaimalai visited the camp and blessed the students. The course got concluded on 27<sup>th</sup> October 2024 with the blessing message from Swami Sadatmananda Saraswati ji.

### FEED BACK FROM THE PARTICIPANTS:

Arsha Vidya Gurukulam's serene divine sanctuary hosted a life-changing Vedanta course, integrating Bhagavad Gita, Lalitha Sahasranama, Sanskrit, Atma Boddham, devotional songs and guided meditations nurtured my soul. The guidance of Swamij Jagadatmananda ji transformed my perspective. Grateful for this spiritual journey. – **Shanmukha Priya**

3-months Vedanta Tamil course conducted by Arshavidya Gurukulam brought out the thoughts and vision of Pujya Swamiji. The Gurukulam gave us the experience of Bhakti yoga, understanding of Karma Yoga, practice of Dhyana Yoga and the true meaning of Jnana yoga and to sustain the knowledge of the self-evident

Self by removing the delusion. – V.N. Srinivasan and Sowmya

We were blessed to study entire Bhagavad Gita in Tamil in 92 days. Thanks to Acharya ji and Swamiji. - V. Tilakarajan and Syamala

Sanskrit which was bitter like Neem oil to me is now like honey after this course. I have clarity now because of the simple and clear teaching. - Vijayavalli.

I am thankful to the teachers who guided me to understand Karma yoga in the right attitude and very much inspired by the highlight on “ Nimita Matram Bhava” . – Savitri.

The three-month Vedanta course about Bhagavad Gita encouraged me understanding oneself. Bhagavad Gita teaches that living a Dharmik life, which involves morality, purity, discipline, honesty, righteousness and commitment to duty.

– Sivagamy, Malaysia.

